



LINKS

Resilience for Children and Young People

Resource List

- Bellis, M. A., Hughes, K., Leckenby, N., Perkins, C. and Lowey, H. (2014) 'National Household Survey of adverse childhood experiences and their relationship with resilience to health-harming behaviours in England'. *BMC Medicine*. 12 (72).
- Bellis, M. A., Ashton, K., Hughes, K., Ford, K., Bishop, J., and Paranjothy, S. (2015) *Adverse Childhood Experiences and their impact on health-harming behaviours in the Welsh adult population*. Cardiff: Public Health Wales.
- Bunting, L., Webb, M.A. and Shannon, R. (2017) 'Looking again at troubled families: parents' perspectives on multiple adversities. *Child and Family Social Work*. 22: 31-40.
- Burke, N. J., Hellman, J. L., Scott, B. J., Weems, C. F. and Carrion, V. C. (2011) 'The Impact of Adverse Childhood Experiences on an Urban Paediatric Population,' *Child Abuse and Neglect* 35 (6).
- Felitti, M. D., Anda, R. F., Nordenberg, M. D. et al (1998) 'Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults: The Adverse Childhood Experiences (ACE) Study' *American Journal of Preventative Medicine*. 14.
- Spratt, T., McGavock, L. (2014) 'Prevalence of Adverse Childhood Experiences in a University Population: Associations with Use of Social Services'. *British Journal of Social Work*. 44 (3).

Webb, M. A., Bunting, L., Shannon, R., Kernaghan, D., Cunningham, C. and Geraghty, T. (2014) Living with adversity: a qualitative study of families with multiple and complex needs. Barnardos.

Useful Websites

Connected for Life <https://www.connectedforlife.co.uk/>

Centers for Disease Control and Prevention

<https://www.cdc.gov/violenceprevention/acestudy/index.html>

ACEs too High <https://acestoohigh.com/>

Find your ACEs Score <https://acestoohigh.com/got-your-ace-score/>